

# YOUR VOTE IS IMPORTANT!

Annual Meeting Materials are available on-line at:

<http://www.almostfamily.com/stockholdermeeting.php>

## You can vote in one of three ways:

1. Call toll free 1-866-593-3355 on a Touch-Tone Phone. There is **NO CHARGE** to you for this call.

*or*

2. Via the Internet at <https://www.proxyvotenow.com/afam> and follow the instructions.

*or*

3. Mark, sign and date your proxy card and return it promptly in the enclosed envelope.

## PLEASE SEE REVERSE SIDE FOR VOTING INSTRUCTIONS



PLEASE MARK VOTES AS IN THIS EXAMPLE

REVOCABLE PROXY  
ALMOST FAMILY, INC.

### ANNUAL MEETING OF STOCKHOLDERS

#### THIS PROXY IS SOLICITED ON BEHALF OF THE BOARD OF DIRECTORS

The undersigned, a stockholder of ALMOST FAMILY, INC., a Delaware corporation (the "Company"), hereby appoints WILLIAM B. YARMUTH and C. STEVEN GUENTHNER, and each of them, the true and lawful attorneys and proxies with full power of substitution, for and in the name, place and stead of the undersigned, to vote all of the shares of Common Stock of the Company which the undersigned would be entitled to vote if personally present at the Annual Meeting on Monday, August 10, 2009, at 8:30 a.m. local time, and at any adjournment thereof.

The undersigned hereby instructs said proxies or their substitutes:

- |  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
|  | For                      | With-<br>hold            | For All<br>Except        |
| 1. ELECTION OF DIRECTORS:<br>(except as marked to the contrary below): | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**William B. Yarmuth, Steven B. Bing, Donald G. McClinton, Tyree G. Wilburn, Jonathan D. Goldberg, W. Earl Reed III, and Henry M. Altman, Jr.**

**INSTRUCTIONS: To withhold authority to vote for any individual nominee, mark "For All Except" and write that nominee's name in the space provided below.**

- |  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
|  | For                      | Against                  | Abstain                  |
| 2. PROPOSAL TO RATIFY THE APPOINTMENT OF ERNST & YOUNG LLP as independent auditors for the Company | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. PROPOSAL TO APPROVE THE 2009 EMPLOYEE STOCK PURCHASE PLAN.                                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

4. DISCRETIONARY AUTHORITY: To vote with discretionary authority with respect to all other matters which may properly come before the Annual Meeting.

Please be sure to sign and date this Proxy in the box below.

Date

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Stockholder sign above

Co-holder (if any) sign above

**This proxy, when properly executed, will be voted in accordance with any directions hereinbefore given. UNLESS OTHERWISE SPECIFIED, THE PROXY WILL BE VOTED FOR ELECTION OF THE INDIVIDUALS NOMINATED AS DIRECTORS AND FOR APPROVAL OF PROPOSALS 2 AND 3.**

**MANAGEMENT RECOMMENDS A VOTE FOR THE NOMINEES LISTED ABOVE AND FOR PROPOSALS 2 AND 3.**



Detach above card, sign, date and mail in postage paid envelope provided



**ALMOST FAMILY, INC.**  
**9510 Ormsby Road, Suite 300, Louisville, Kentucky 40223**

Please sign exactly as name appears on label. If shares are held by joint tenants, all parties in the joint tenancy must sign. When signing as attorney, executor, administrator, trustee or guardian, please indicate the capacity in which signing. If a corporation, please sign in full corporate name by president or other authorized officer. If a partnership, please sign in partnership name by authorized person.

**PLEASE ACT PROMPTLY**  
**SIGN, DATE & MAIL YOUR PROXY CARD TODAY**

IF YOUR ADDRESS HAS CHANGED, PLEASE CORRECT THE ADDRESS IN THE SPACE PROVIDED BELOW AND RETURN THIS PORTION WITH THE PROXY IN THE ENVELOPE PROVIDED.

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## PROXY VOTING INSTRUCTIONS

Stockholders of record have three ways to vote:

1. By Mail; or
2. By Telephone (using a Touch-Tone Phone); or
3. By Internet.

A telephone or Internet vote authorizes the named proxies to vote your shares in the same manner as if you marked, signed, dated and returned this proxy. Please note telephone and Internet votes must be cast prior to 3 a.m., August 10, 2009. It is not necessary to return this proxy if you vote by telephone or internet.

### Vote by Telephone

Call Toll-Free on a Touch-Tone Phone anytime prior to  
 3 a.m., August 10, 2009:

**1-866-593-3355**

### Vote by Internet

anytime prior to  
 3 a.m., August 10, 2009 go to

<https://www.proxyvotenow.com/afam>

Please note that the last vote received, whether by telephone, Internet or by mail, will be the vote counted.

**ON-LINE ANNUAL MEETING MATERIALS:**

<http://www.almostfamily.com/stockholdermeeting.php>

**Your vote is important!**