



***Almost Family, Inc.***

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**Almost Family, Inc. to Report Fourth Quarter and Full Year 2008 Financial Results**

- Conference Call Scheduled Wednesday, March 4, 2009 at 11:00 a.m. ET -

**Louisville, KY., February 9, 2009** – Almost Family, Inc. (Nasdaq: AFAM), a leading regional provider of home health nursing services, announced today that it will report results for its fourth quarter and full year 2008 ended December 31, 2008 on Wednesday, March 4, 2009, before the market open.

A conference call to review the results will begin at 11:00 a.m. ET on March 4, 2009, and will be hosted by William Yarmuth, Chief Executive Officer, and Steve Guenther, Chief Financial Officer.

To participate in the conference call, please dial 1-877-407-0789 (USA) or 1-201-689-8562 (International). In addition, a dial-up replay of the conference call will be available beginning March 4, 2009 at 2:00 p.m. ET and ending on March 18, 2009. The replay telephone number is 1-877-660-6853 (USA) or 1-201-612-7415 (International). Account Number: 3055 and Passcode: 313364.

A live Web cast of the call will also be available from the Investor Relations section of the corporate Web site at <http://www.almostfamily.com>. A Web cast replay can be accessed on the corporate Web site beginning March 4, 2009 at approximately 2:00 p.m. ET and will remain available until April 4, 2009.

### **About Almost Family**

Almost Family, Inc., founded in 1976, is a leading regional provider of home health nursing services, with branch locations in Florida, Kentucky, Connecticut, New Jersey, Ohio, Massachusetts, Alabama, Missouri, Illinois, Pennsylvania, and Indiana (in order of revenue significance). Almost Family, Inc. and its subsidiaries operate a Medicare-certified segment and a personal care segment. Altogether, Almost Family operates over 90 branch locations in 11 U.S. states.

### **Forward Looking Statement**

All statements, other than statements of historical facts, included in this news release are forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Forward-looking statements may be identified by the use of forward-looking terminology such as "may," "will," "expect," "believe," "estimate," "project," "anticipate," "continue," or similar terms, variations of those terms or the negative of those terms. These forward-looking statements are based on the Company's current plans, expectations and projections about future events.

Because forward-looking statements involve risks and uncertainties, the Company's actual results could differ materially from any future results, performance or achievements expressed or implied by such forward-looking statements. For a more complete discussion regarding factors which could affect the Company's financial performance, refer to the Company's various filings with the Securities and Exchange Commission. The Company undertakes no obligation to update or revise its forward-looking statements.